

Safe & Sound Pods

The Safe & Sound pod is a versatile, durable, custom made robust piece of equipment. It creates a space/room where children can feel safe and be safe. It can reduce the risk of injury and eliminates hard edges and surfaces from the home environment.

The quiet space can support children with severe learning difficulties, very complex needs, autism, profound and multiple difficulties, epilepsy, sensory processing difficulties and challenging behaviour.

The safe, sleep pods can be multi-functional and flexible and can offer a sanctuary for users. It is a low stimulation environment where the user can extend their emotional stability. It has been frequently noted that users actually request or remove themselves from busy, noisy, normal family life to spend time in their safe area.

We encourage the family or carer to work closely with their occupational therapist or other health professionals to ensure there is a planned strategy for the proper and safe use of this product as well as developing programmes to use the equipment to support the individual e.g. sensory processing activities, intensive interaction and positive behaviour strategies.

Uses

- It is a low stimulation space for users to sleep, have a quiet time, to cool down or calm down. To have time to think, reflect, listen without distraction.
- Users can request a "break" in their Pod if they are becoming agitated. (Child initiated).
- Its existence can reduce the need for any physical interventions that may be needed. It can reduce the risk of injury to self or others in times of crisis. There are no hard edges or surfaces and the enclosure can offer a sense of security and predictability.
- It can be a sanctuary/space to distract, prevent and avoid the risk of reactive responses in a crisis.
- It can be used as a Therapy or Sensory space.
- Part of a reward system.
- Sensory area
- Learning / Teaching space
- Sensory processing activities
- Safe play area
- Massage
- Physio programmes
- Intensive interaction
- Visual stimulation

- Safe room. The personal space can be part of a proactive positive behaviour plan that can promote self-regulation and communication.

Features

Our Safe & Sound pods can be flexible, lighting and sensory stimulation can be added or removed as needed and access can be adjusted. It can be easily moved to different rooms or a new house at little or no cost. It was designed to be flexible it, creates a light, airy, quiet space that is attractive. Resources can be added internally and externally to provide either a low or highly stimulating space. It can be maintained easily and cost effectively and professionally cleaned if necessary.

The pods can be made light and airy or dark and cosy and magnetic blinds can be attached at night.

Accessories

- Soft mattress in various grades of firmness and types of cover
- Padded corner covers in a range of designs
- Magnetic blinds
- Water resistant seams
- Netting Roof

Who is it for?

- People who need their own personal soft space
- People who have lots of movement & strength but little sense of danger

- People who may be at risk of injuring themselves
- People who are in a crisis. Its robust flexible sides can be kicked, punched and head butted. Its construction ensures no contact with hard surfaces.
- People with sensory processing needs
- People with limited mobility who can practice moving independently and safely
- People who are at risk of falling.

Risk Assessment

We advise that outside of normal sleeping hours the user of our Safe & Sound pods should have appropriate levels of supervision and should NEVER be left unsupervised for extended periods or left in the house unattended.

In addition we recommend that the health care professional recommending these products ensures that the family or carers are capable of supervising the user in a proper manner in regarding its appropriate use and in the care of the equipment by ensuring that the user does not take sharp items etc. into the pod.

Appropriate levels of supervision at all times are required.